

reagent, lost both properties after the ingestion of the beef.

MORPHINOMANIACS.

Dr. Oscar Jennings, who probably knows more about morphia and its cure than any man in France, says that there has been a great increase in morphia-taking since the Boer war, owing to the free prescription of the drug in military hospitals. Through the British officers it has been made known to women in society, and in this way its use has become very common in England.

Chemists in France are not supposed to give morphia without a licence, but an immense clandestine trade is done in the drug, a patient who insists on having it being sometimes charged as much as 10s. for what should not cost him more than 2s.

To indicate the frequency of the habit in Paris, Dr. Jennings mentions the case of an English officer who knew a waiter in a well-known night restaurant who kept a morphia syringe for his customers, so that they should not be inconvenienced if they had forgotten their own.

CHILBLAINS.

In the *Medical Annual*, Dr. H. Lewis Jones claims excellent results for the use of electricity in a case of chilblains of a severe type. An induction coil is used, and the wires are attached to two metallic plates, which are placed at the two ends of an ordinary earthenware footbath filled with warm water. The patient is instructed to use this bath at bedtime for ten or fifteen minutes whenever the slight threatening of chilblains is noticed. The current is used as strong as it can be borne without discomfort, the effect being to make the feet warm with a glow which lasts until the patient goes to sleep. Any swelling or congestion of the toes quickly disappears, and all danger of serious trouble from a broken chilblain is warded off. Besides its use for the prevention of actual chilblains, the treatment may be used in cases where patients complain of cold feet. The electric stimulation seems to improve the circulation in the extremities to an extent far superior to anything which can be obtained from an ordinary warm footbath. A short course of electric footbaths for eight or ten consecutive nights not only dispels chilblains which have already formed, but seems to produce an improved state of the circulation, which renders the patient more or less chilblain-proof for some time after the baths have been stopped.

Our Guinea Prize.

We have pleasure in announcing that Mr. John Davis, The Dispensary, Bagthorpe Infirmary, Nottingham, has won our Guinea Prize for December.

KEY TO PUZZLES.

- No. 1.—Hovis Food.
Hce V is Foo(1)D.
No. 2.—Humphry's Manual of Nursing.
Hump fries manure L of NUR sing.
No. 3.—Southalls' Towels.
S out Hall S toe eels.
No. 4.—Robinson's Barley.
Robins on S bar LEY.

The following competitors have also answered the puzzles correctly:—

Miss J. G. Thomas, Osborne Road, Forest Gate.
Miss L. Warren, Cambridge Gardens, W.
Miss W. Wallis, Bagthorpe Infirmary, Nottingham.
Miss C. Frost, Sommerville Drive, Glasgow.
Miss A. Brooks, Albion Terrace, Bridgnorth.
Miss M. H. Sherlock, The Infirmary, Leicester.

The following competitors have succeeded in answering three out of four puzzles:—

Miss A. L. Hair, Upper Park Road, Hampstead.
Miss Laurence, Kensington Infirmary, W.
"Leo," Lincoln House, Harrow.
Miss Garwood, Throat Hospital, Golden Square.

Appointment.

MATRON.

Miss C. Shields has been appointed Matron of the Leicestershire Isolation Hospital, Syston. She was trained at St. George's Hospital, London, and at the South-Eastern Hospital, New Cross. She has recently been working as a private nurse in connection with the Institution of Trained Nurses at Leicester.

The King's Coronation Fund for Nurses.

The Secretary of the King's Coronation National Fund for Nurses in Ireland has received on behalf of the Fund a second cheque for £100 from a Dublin citizen who does not wish his name made public.

In Loving Memory.

A brass tablet, inscribed "In loving memory of the Right Hon. Sir Julian Goldsmid, Bart.," has been placed in the hall at 12, Sussex Square, Brighton, by Mrs. Lionel Lucas, who generously gave the freehold of the mansion as a token of sisterly affection. Upwards of 3,000 nurses have now paid visits to the Home.

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